

YOU ARE ALLOWED TO ↓

**MAKE
THE DECISION**

you think is the right decision to make.

**START
SOMETHING**

that needs to be started.

ASK

FOR HELP

whenever you want it.

HELP

OTHERS

whenever you can

(even if they don't ask for it).

TAKE

TIME OFF

to do something that

inspires

excites and energizes you.

