

**MAKE EACH DAY
SWEET WITH**

Gratitude

DATE :

**3 SMALL THINGS I
APPRECIATE TODAY?**

TODAY'S POSITIVE AFFIRMATION

**3 JUICY THINGS THAT
HAPPENED TODAY**

**3 SWEET PEOPLE WHO MADE
TODAY SPECIAL**

WEEKLY *Gratitude* JOURNAL

DATE :

MONDAY	
TUESDAY	
WEDNESDAY	
THURSDAY	
FRIDAY	
SATURDAY	
SUNDAY	

THE *Gratitude* JAR

