

4-LEVELS OF Commitment PLANNER

DATE _____

BE CONFIDENT • BE EMPOWERED • LEAD FROM THE HEART

FOUR LEVELS OF COMMITMENT

1 _____

2 _____

3 _____

4 _____

5th Secret Level

LEADERSHIP BLOCKS

CIRCLE BLOCKS YOU CONNECT WITH - THEN STAR YOU BIGGEST BLOCK - CHOOSE ONE

- | | |
|------------------------------|-----------------------------|
| 1. Fear of Rejection | 12. Low Self Esteem |
| 2. Closed Mindedness | 13. Focus on Problems |
| 3. Fear of Taking Risks | 14. Lack of Purpose |
| 4. Laziness | 15. Fear of Embarrassment |
| 5. Indecisiveness | 16. Anger |
| 6. Jealousy | 17. Having to be Perfect |
| 7. Control Freak | 18. Lack of Action |
| 8. Taking Self Too Seriously | 19. Fear of Failure |
| 9. Fear of Success | 20. Negativity |
| 10. Being Passive | 21. Analysis Paralysis |
| 11. Over Commitment | 22. Ego - It's all about me |
| | 23. Being a Know-it-all |
| | 24. Lack of Listening |

MY DISEMPOWERING WORDS/PHRASES	CHANGE YOUR STORY - EMPOWERING WORDS PHRASES
HAVE TO	GET TO

YES, I WILL! _____

Signed: _____

LEADERS COMMIT BY SIGNING THE BACK WHEN DONE AS GROUP ACTIVITY